



National
Congress of
American
Indians

**Leadership for
Healthy Communities**
Advancing Policies to Support
Healthy Eating and Active Living

Building Healthy Communities: An Integrated Approach

DRAFT AGENDA

October 19, 2008

Phoenix Convention Center

100 N. Third Street, Phoenix, AZ 85004

West Building-Room 101B

8:30 AM - 9:00 AM

Registration and Breakfast

9:00 AM - 9:10 AM

Welcome

Peter Morris, Director of Strategy and Partnerships

National Congress of American Indians Policy Research Center

Marjorie Paloma, MPH, Program Officer

Robert Wood Johnson Foundation

9:10 AM - 9:20 AM

The Interconnected Factors that Impact Health - Scope of the Problem and Nature of the Solution

Dr. Maya Rockeymoore of Leadership for Healthy Communities will lead discussions on what role planning, transportation, economic development, environmental protection and public safety play in building healthy communities; the relationship between nutrition, physical activity, childhood obesity and chronic conditions such as type 2 diabetes and cardiovascular disease; and childhood obesity among American Indians.

*Maya Rockeymoore, Ph.D., Director
Leadership for Healthy Communities*

9:20 AM – 9:30 AM

The Native Children's Agenda – Efforts to Build Healthy and Sustainable Communities

Lieutenant Governor Jefferson Keel of the Chickasaw Nation will talk about the development of the Native Children's Agenda, why it is central to tribal sovereignty, and the importance of working across policy areas to achieve and identify potential partnerships.

*Lieutenant Governor Jefferson Keel
Chickasaw Nation
First Vice President, NCAI*



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- 9:30 AM – 9:40 AM **Tribal Community Planning – Indigenous Values Shaping Community Solutions**
Dr. Ted Jojola will share insights from values-based planning efforts in a range of Native communities around the country.
- Ted Jojola, Ph.D.*
University of New Mexico
- 9:40 AM – 10:20 AM **Panel: Promising Practices and Innovations for Healthy Communities in Indian Country**
American Indian leaders and organizations will present on successful policies and programs that promote healthy communities.
- The Built Environment: Planning, Transportation and Health***
Warren Tamerius, Transportation Planner
Hoop Valley Tribe
Paul Zykofsky, AICP, Director of Land Use/Transportation Programs
Local Government Commission
- Steps to a Healthier Cherokee Nation – Policy Change in the Schools***
J.T. Petherick, JD, MPH, Health Legislative Officer
Cherokee Nation
- Food Systems and Wellness Initiatives: Long Term Strategic Planning and Community Development***
Karen Blaine, MSW, Program Coordinator
Tohono O’odham Nation Community Action
Tristan Reader, Co-Director
Tohono O’odham Nation Community Action
- 10:20 AM - 11:45 AM **Facilitated Discussion**
What promising policies and/or programs are you aware of that demonstrate the link between planning, transportation, economic development, housing and health? The goal of this discussion is to reflect on the information presented and for the group to collaboratively provide recommendations on how to proceed. How do we move forward in advancing policies that promote healthy communities, build the capacity of American Indian communities, and promote partnerships for long-term, systemic change in Indian Country? How can American Indian leaders be engaged as champions?
- 11:45 AM – 12:00 PM **Next Steps**
Where do we go from here?