MEASURING PROGRESS FOR OUR YOUTH: DATA FOR ACTION

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Overview

- Share ideas on what we mean by “Native youth are thriving”
- Discuss how to measure this as outcomes/impacts
- Review potential data indicators and data sources
First Kids 1st Initiative

“Tribes take action on systems of support to help Native youth thrive”

- What things must be present for Native youth to thrive?
FK1st Data Indicators

Vibrant Communities

Native Children Thrive

Healthy Lifestyles

Successful Students

Supportive Environments
## Summary of Protective and Risk Factors for Native Youth to Thrive

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### Data Indicators
- Healthy Lifestyles
- Successful Students
- Supportive Environments
- Vibrant Communities
Native youth thriving

- What would you measure to show the outcomes or indicators of Native youth thriving?
Vibrant Communities

• Data indicators
  • Poverty status
  • Income
  • Home ownership
  • Occupants per room
  • Public assistance
  • Food stamps
  • Family composition
  • Living with/responsible for grandchild
  • Phone, vehicles, water/sewer, computer access available
Supportive Environments

• Data indicators
  • Foster care
    • Number youth in foster care, Children in kinship vs non-relative care, exiting care with parent, Length of stay in foster care, disparity rates, ICWA approved placements

• Childcare

• Language

• Family – AIAN multigenerational families

• Substance Abuse
  • Rates of use, self harm/suicide

• State agreements with tribes for child welfare funding
Successful Students

• Data indicators
  • School enrollment
    • Native, rural schools, disabilities, poverty, full time teachers
  • Graduation rates
  • Reading, math proficiency
  • Broadband access in school
  • College prep participation
  • Language immersion programs
  • Post secondary enrollment, completion, persistence
    • By type of colleges, programs
Healthy Lifestyles

• Data indicators
  • Physical Health
    • Obesity, overweight, birthweight, physical activity, breastfeeding
  • Behavioral Health
    • Suicide, depression, access to services
  • Environmental
    • Access to healthy foods
  • Suicide
• Diabetes
• Hypertension
• Substance use
  • Cigarettes, alcohol, prescription drugs, meth
Example: Health indicators

Obesity Prevalence in American Indian and Alaska Native Children, FY 2015

Obesity = BMI ≥ 95 percentile for weight; Data Source: IHS National Data Warehouse. Reference: Bullock (2017)
FK1st Data Resource Book

- Publishing a data resource book
- Include examples of data on these Indicators
- Summarize literature review
- Review FK1st theory of change, evaluation framework
FK1st Theory of Change

Conceptual Framework

FK1st Activities
- Community Organization and Citizen Engagement
- Changing the Narrative through Research and Data
- Policies and Programs
- Capacity building for change, sustainability

Tribes see how they can take action
- Partner activities provide to tribal leaders
- Increased awareness
- Increased knowledge
- Increased motivation
- ... all of which helps tribes see how they can take action to increase services and supports for Native youth

Tribes take action
- Tribes take action to implement and strengthen systems of support for Native Youth
- Such as policies, laws, programs, youth led programs, use of data, use of policy recommendations, more sustainable programs, new partnerships, etc.

Youth benefit
- Youth participate
- Youth benefit
- Youth thrive
- Youth make good decisions
- Youth achieve more goals

Youth outcomes improve
- Youth data indicators improve in areas of
  - Health
  - Welfare
  - Economic/demographic data
  - Education outcomes

Activities ------------------------Short term ------------Intermediate term -------Long term outcomes-------

Process evaluation

Outcome evaluation
**Community Organizing and Citizen Engagement**
- Branding for awareness of FK1st
- Partner meetings/coordination
- Messaging products – various for dissemination to build awareness

**Changing the Narrative through Research and Data**
- FK1st Data Source Book
- Products to highlight data for action
- Dissemination of book and products

**Policies and Programs**
- Native Children’s Policy Agenda updated annually
- Outreach, dissemination, trainings, conferences to highlight NCPA content

**Capacity Building for Change, Sustainability**
- Capacity building trainings
- Pilot sites/sustainability curriculum
- Networks for dissemination, partnership
- Child Welfare Governance Trainings
- Community Asset Mapping Trainings

**First Kids 1st - Joint Work Plan**

**Partnership Outcomes**

**Short term**
- Partner activities and national coordination lead to:
  - Awareness of FK1st
  - Awareness of youth data, needs for action
  - Awareness of FK1st NCPA, policy options for action
  - Knowledge of better program capacity and sustainability
  - Awareness that youth need tribes to take action to implement systems of support
  - Awareness of governance needs
  - Motivation to act increases

**Intermediate**
- Actions taken to build systems of support for Native Youth by:
  - Individuals, groups, others
  - Tribes
  - Tribal leaders/youth
  - Actions include:
    - Policies, laws
    - Programs
    - Effective governance strategies
    - Youth led programs
    - Use of data for policies, programs
    - Use of policy recs from NCPA
    - Development of more effective, sustainable programs
    - Formation of Partnerships, collaborations, networks to act

**Long Term**
- Youth thrive in systems of support and ….
- More funding for youth systems of support
- Conditions improve
- Youth graduate, work
- Youth better health, less obesity, suicide, etc.
- FK1st Data Source Book shows improvements over time
Theory of Change

- What is your “theory of change” to help Native youth thrive?
Questions?
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