



National
Congress of
American
Indians

Developing Infographics to Inform Policy & Planning

NCAI Mid Year Conference

Anchorage, Alaska

June 11, 2014



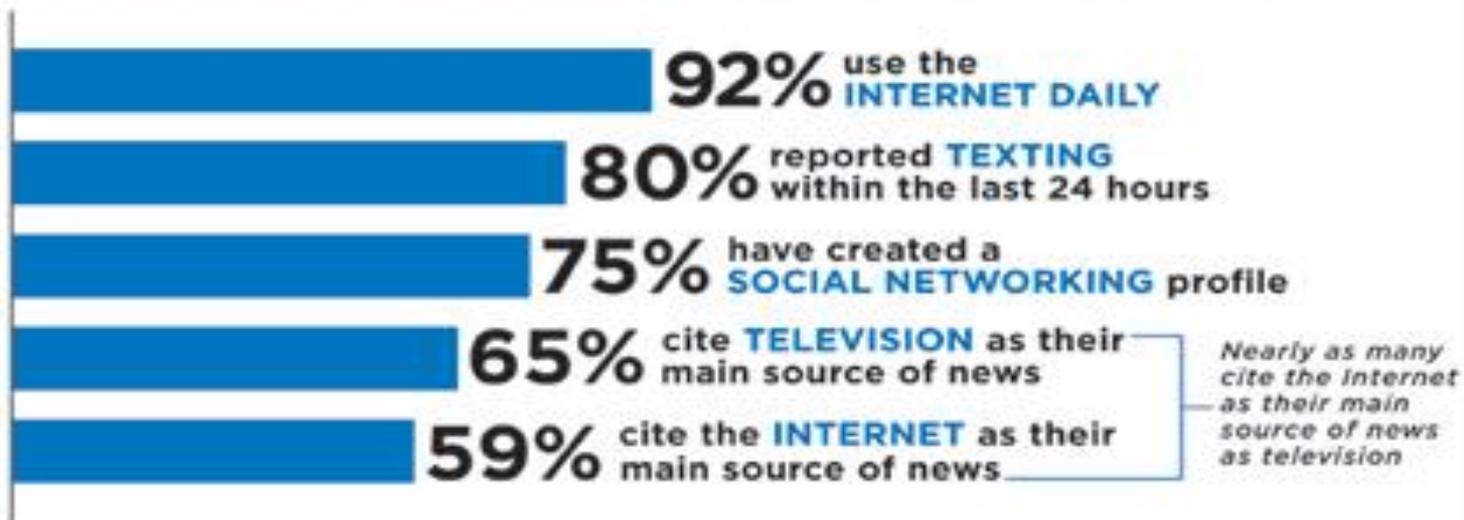
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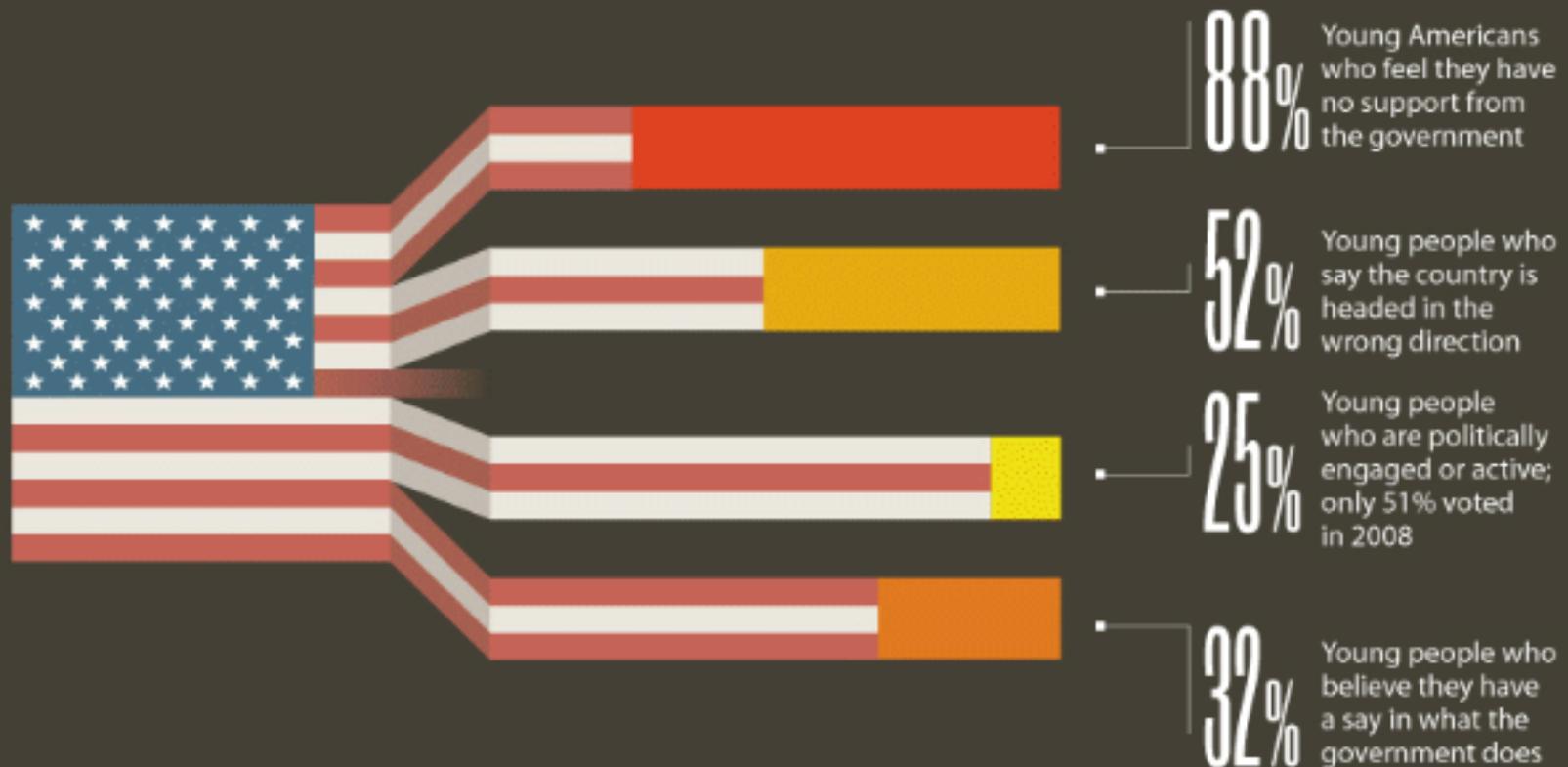
Most Commonly Spoken Language Other than English or Spanish



Millennials are **DIGITAL NATIVES**

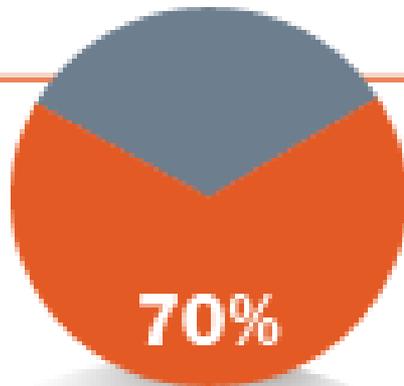


YOUNG PEOPLE FEEL THE GOVERNMENT DOES NOT SUPPORT THEM AND THAT THE U.S. IS HEADED IN THE WRONG DIRECTION

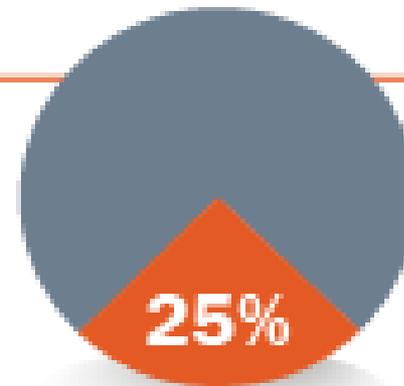


INFOGRAPHIC

Mental Health in the Juvenile Justice System Of the **2 Million Youth** Arrested Each Year in the U.S.:



**65-70% of Detained
Youth Have a Mental
Health Disorder**

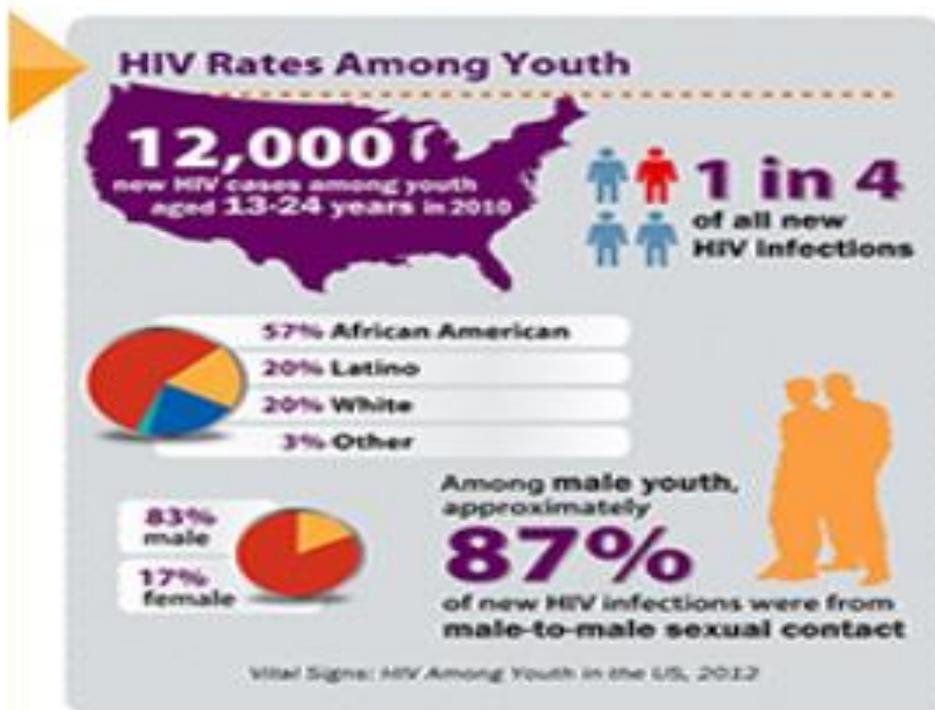


**25% of Detention
Facilities Have Few or No
Mental Health Services**

**Source: Addressing the Mental Health Needs of Youth in Contact
With the Juvenile Justice System in System of Care Communities**



Youth make up 7% of the more than 1 million people in the U.S. living with HIV. Schools have direct contact with 50 million youth and play an essential role in helping youth make healthy choices. School programs are vital to achieving an HIV-free generation.



EVERY 17 SECONDS someone in the US is diagnosed with diabetes.



NEARLY 1 OUT OF 6
AMERICAN INDIANS/ALASKA NATIVES
HAS DIABETES.



COMMON MYTHS



Diabetes doesn't run in my family, so I'm safe.



Diabetes is caused by eating too much sugar.



People with diabetes need to follow a special diet.



THE FACTS



Family history is only one of several risk factors for type 2 diabetes.



Type 2 is caused by genetics and lifestyle factors. Being overweight increases your risk for developing type 2, and a diet high in calories from any source contributes to weight gain. Research has shown that sugary drinks are linked to type 2 diabetes.



People with diabetes benefit from the same healthy diet that is good for everyone else: plenty of whole grains and fruits and vegetables, with a limited amount of fat and refined sugar.

*People diagnosed with diabetes ages 20 years or older

**LEARN MORE ABOUT LIVING WITH TYPE 2
DIABETES AT [DIABETES.ORG/TYPE2PROGRAM](https://diabetes.org/type2program)**

1-800-DIABETES (342-2383)



**American
Diabetes
Association.**

6

MODERN DAY

Who are they today?

Modern Native Americans are a diverse and growing group, represented by hundreds of tribes in every part of the US and Canada. Some still live on the lands of their ancestors, while others live in towns or cities. Here's a snapshot of Native Americans today.

Modern Tribes

There are 565 recognized tribal groups in the US and 615 in Canada. At least nine of these tribes have over 100,000 members.

Largest Tribes*



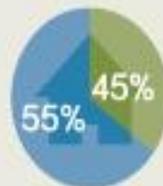
Cherokee: 819,105
 Navajo: 352,129
 Cree: 200,000
 Ojibwe: 200,000
 Choctaw: 195,764
 Mexican Native American: 175,494
 Sioux: 170,110
 Apache: 111,810
 Blackfoot: 105,304

*2010

Reservation or City?

Starting in the 1800s, most Native Americans in the US and Canada were forced to surrender their territory and given parcels of land called reservations (or reserves in Canada). During and after World War II, many left the reservations to enlist or find work. Today Native Americans are a more urban population, with more than half living outside reservations.

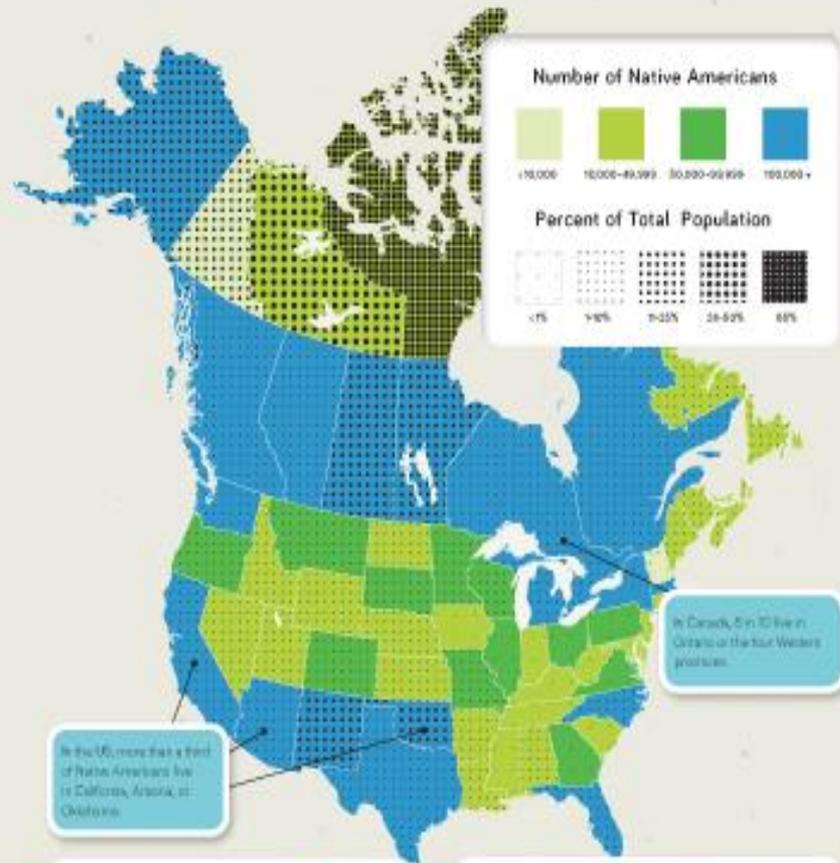
Percentage of Native Americans living in urban areas vs. reservations:



Canada



US



Native Americans in Canada

3.8% of Total Canadian Population



*2006 census

60% First Nations
 (508,825 people)
 33% Métis
 (188,188 people)
 4% Inuit
 (50,485 people)
 2% combination or not identified

Native Americans in the US

1.7% of Total American Population



*2000 census

56% Native American alone
 (2.9 million people)
 44% Native American combined with other races
 (2.3 million people)

The HIGH COST of YOUTH SPORTS

A LESSON IN SAVINGS

We all want our children to be team players, but the cost to get our kids in the game can really add up. Consider the price, as you enroll your child in this \$5 billion annual industry.

About 45 MILLION children ages 6 through 16 participate in youth sports in the United States.

20 MILLION organized out-of-school sports

25 MILLION competitive school sports



ESTIMATED \$671 ANNUALLY per parent on sports-related activities

More than 2 in 10 (21%)

spend \$1,000 or more every year, per child.

HEADS UP

Depending on your child's chosen sport, the costs can really add up.

- Equipment
- Registration Fees
- Sports Camps
- Practice-Space Time
- Uniforms
- Coach Fees
- Lessons
- Meat Fees
- Travel

Most—and Least—Expensive Youth Sports, According to Parents*



*According to a survey of more than 1,000 parents with student-athletes in grades 6 to 12.

Youth sports don't always have to be a burden. Here are some tips:

- Budget the expenses before your child's season starts.
- Seek out used sporting equipment when possible.
- Start your child in a recreational sport to avoid some of the extra costs associated with organized sports.



Elected Representation in US Government

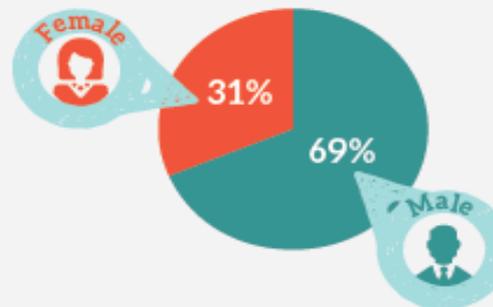
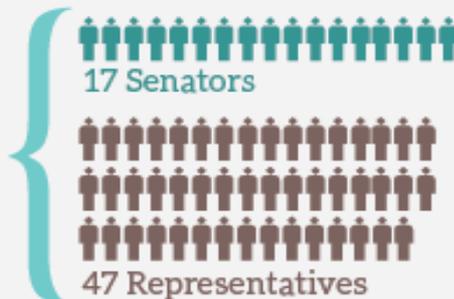
2 Native US Representatives

If representation in Congress was proportional to the US Native population, we would have 2 Native Senators and 7 Native Members of the House.

	Actual	Proportional
Senate	0	2
House	2	7

64 Native State Legislators

Oklahoma 22 Native Legislators	Maine 3 Native Legislators	Maryland 1 Native Legislator
New Mexico 9 Native Legislators	South Dakota 3 Native Legislators	Minnesota 1 Native Legislator
Montana 8 Native Legislators	Washington 2 Native Legislators	North Carolina 1 Native Legislator
Alaska 5 Native Legislators	Illinois 1 Native Legislator	North Dakota 1 Native Legislator
Arizona 5 Native Legislators	Kansas 1 Native Legislator	Wyoming 1 Native Legislator



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“Flipping the Script”

- Native people are really good at...
- Native people are unique because...
- Native youth are really good at...
- Native youth are unique because...

Fields of Study

- Law?
- Education?
- Business?

- In 2011, **79 percent** of AI/AN young adults (age 25 and older) who earned bachelor's degrees (or higher) had studied science, engineering, and math-related fields. This compares with 44 percent of all other groups of this age and level of education.

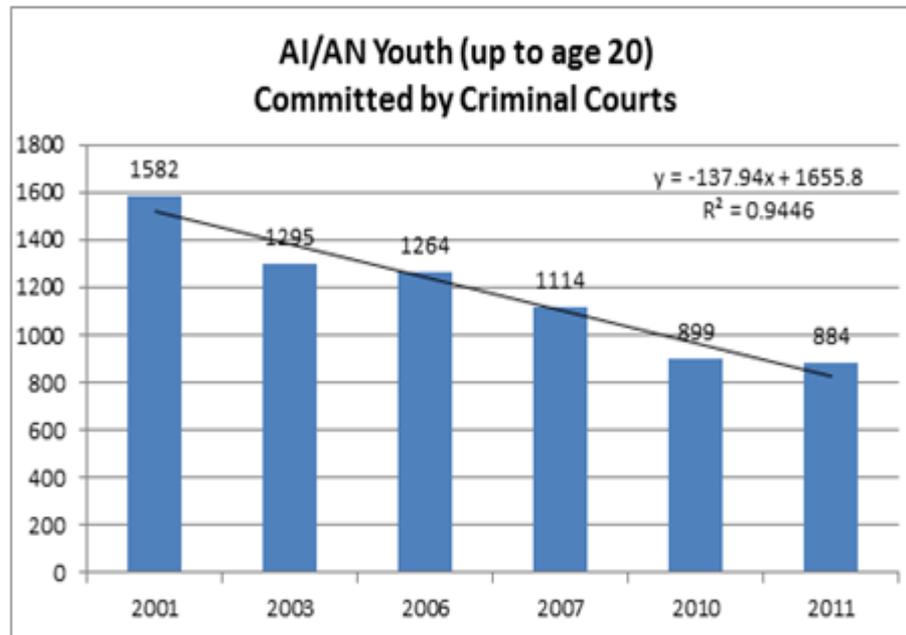
Voter Registration

- Native men or Native women?
- Younger, middle, or older generation?
- Region?

- In Montana and New Mexico, **young Native men** (aged 18-24) are registered at the highest rate of all groups of Native American registered voters.
 - *–89% compared with young Native women at 86% in MT and 87% in NM*
 - *–Followed by Native American registered voters ages 50-64: 74% women and 72% men in MT*
 - *–Followed by Native American registered voters ages 25-34: 87% women and 86% men in NM*

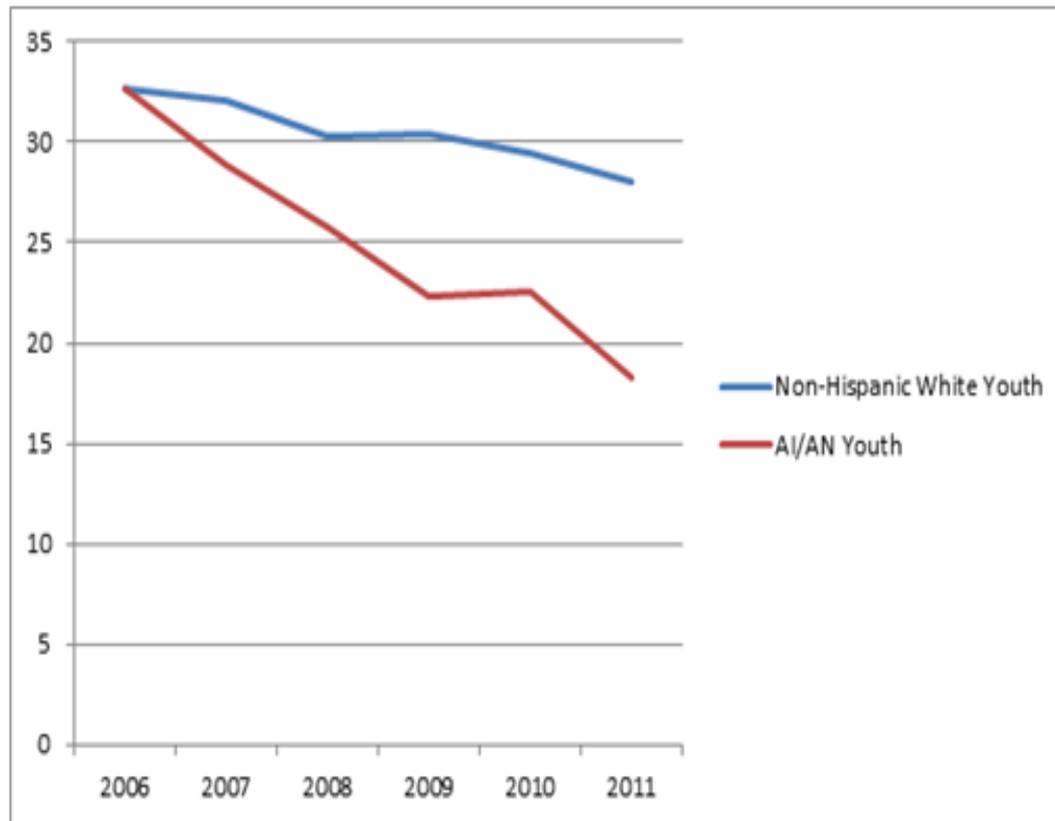
Incarcerated Native Youth

- Over the most recent decade recorded, the number of incarcerated American Indian/Alaska Native youth has dropped by 44 percent.



Trends in Alcohol Use

A comparison between Non-Hispanic White youth (ages 12-20) drinking prevalence over the past 30 days v. AI/AN youth (both sexes), 2006-2011:



We know that...

- More Native grandparents are raising their grandchildren than any other ethnic group.
- Native people are the most mobile Americans.
- Until recently, Native people have had the highest rates of military service of all groups.
- Almost 1 in 4 Native people speak a language other than English at home.
- Native men have the highest rate of custodial single fatherhood.

What Story Do You Want to Tell?

- Topic Area?
- Regional or Group Focus?
- One Message or Multiple Messages?
- What Data Do You Need?
- Who is the Audience?
- What Kind of Images (e.g., maps, graphs)
Would Tell the Story Best?