

Welcome NCAI



Call: 619.220.0014  
500 Hotel Circle North  
San Diego, CA 92108  
BellaTosca.com



National  
Congress of  
American  
Indians

Relax, Rejuvenate and Discover the Essence of Self.

*"Accept - then act. Whatever the present moment contains, accept it as if you had chosen it. Always work with it, not against it.... This will miraculously transform your whole life."*  
- Eckhart Tolle

**News at Bella Tosca** - As part of Bella Tosca's Health and Wellness Program, we are currently offering Spa Memberships. Please call 619 220-0014 for inquiries. Spa memberships are limited.

**Deep Tissue 50/80min.....\$110/\$145**

Therapists will use specific techniques to work on acupressure points and deeper muscle layers to alleviate soreness, pain, and chronic or chronic muscle conditions while easing tension and releasing stress. **(Regular price \$130/\$170)**

**Bella Tosca Relaxation Massage 50/80min.....\$105/\$136**

Relax your mind and body with our signature massage which improves circulation and reduces stress all while unwinding tense muscles. **(Regular price \$120/\$160)**

**Classic European Facial 50/80min.....\$99/\$120**

Awaken your own natural beauty with an Epicurean skin care treatment perfectly tailored to your skin's needs. Your experience includes cleansing, exfoliation, extractions, and a masque. **(Regular price \$110/\$140)**

**Custom Organic Facial 50/80min.....\$109/\$136**

Treat your senses and your skin to a custom skin care facial that uses high quality Hungarian medicinal herbs and fruits to give lasting results for a balanced, revitalized, and healthy complexion. **(Regular price \$120/\$150)**



*Specials are valid Monday - Thursday Only!*



**All Spa Treatments Include:** use of Fitness Center, Locker Room, Jacuzzi, Dry Sauna, Steam Room, Robe, and Slippers. Specials expire: October 31, 2015.

Not valid in conjunction with any other discount or promotional offer. Based on availability.



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