

Tuesday, June 13, 2017
1:30–4:00pm
Pequot Room

Breakout Session:

**Where Healing Really Begins:
Why Our Mental Health, Well-Being, and Resilience Demands Our Attention**

Tribal communities are increasingly focused on utilizing cultural practices to improve the physical, mental, social, and spiritual health of tribal citizens. In response to requests for more culturally relevant health promotion and healing, SAMHSA and IHS collaborated with tribal nations and urban Indian Health programs to develop the National Tribal Behavioral Health Agenda. This agenda is based on five pillars designed to reduce the impact of mental and substance use disorders in tribal communities. This session will discuss tribal implementation of those pillars including behavioral health systems and support, historical and intergenerational trauma and awareness. The panelists will discuss how they are implementing these pillars in their communities and the need for increased awareness in tribal communities.

1. Welcome & Introductions
2. Tribal Innovations and Implementation of the Tribal Behavioral Health Agenda

Panelists:

- a. Moderator: Whitney Sawney, National Congress of American Indians
 - b. Chester Antone, Councilor - Tohono O'odham Nation
 - c. Aaron Payment, Chairman - Sault Ste. Marie
 - d. Stephen Keung, CEO – Whanau Thai, New Zealand
 - e. Mikah Carlos, NCAI Youth Commission President, Salt River Pima-Maricopa Indian Community
3. Tribal Leader/Stakeholder Discussion
 4. Adjourn



National
Congress of
American
Indians

2017 NCAI MID YEAR CONFERENCE
Uncasville, Connecticut