MEASURING PROGRESS FOR OUR YOUTH: DATA FOR ACTION

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National Congress of American Indians

NICWA — National Indian Child Welfare Association

NIEA

National Indian Health Board

Overview

- Share ideas on what we mean by "Native youth are thriving"

- Discuss how to measure this as outcomes/impacts

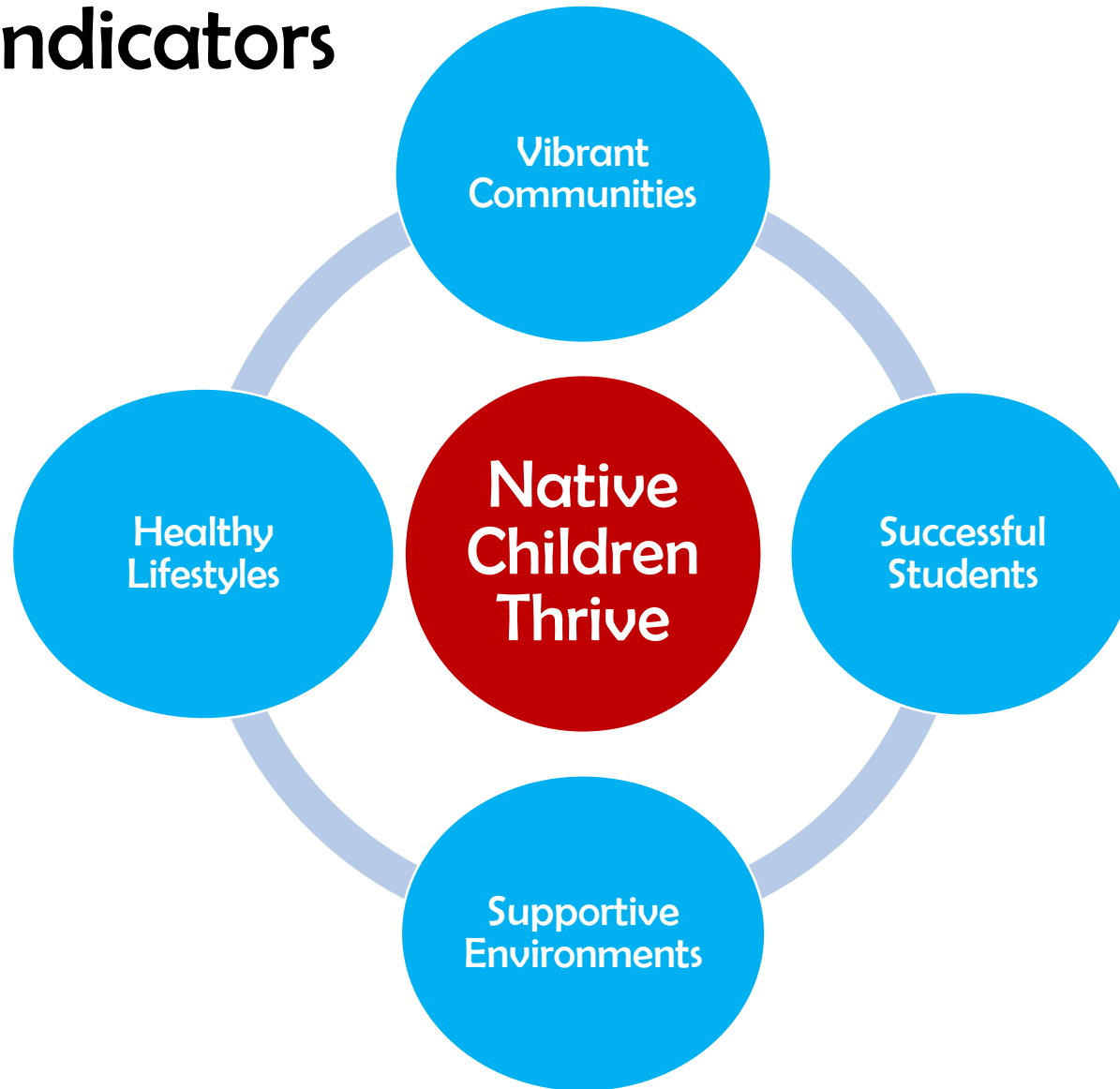- Review potential data indicators and data sources

First Kids 1ˢᵗ Initiative

"Tribes take action on systems of support to help Native youth thrive"

- What things must be present for Native youth to thrive?

FK1st Data Indicators

Summary of Protective and Risk Factors for Native Youth to Thrive

Protective Factors	Data Indicators	Risk Factors
Self-efficacy Cultural identity Resilience Opportunity Self control Relationship skills Good habits Cultural connectedness	**Healthy Lifestyles**	Bullying Dating violence Lack of nutrition knowledge Inability to cope with emotions
School connectedness School attendance Favorable attitude of school School as a resource for health promotion	**Successful Students**	Family view of education Value of education Low educational aspirations
Social support Mentors Family closeness Feeling safe at school Residential stability Household income	**Supportive Environments**	Devious peer groups Poor family relationship Lack of health knowledge and Poor health habits among caregivers Food insecure households
Income Opportunity Support Culturally-based interventions Access to health care	**Vibrant Communities**	Distance to obtain food Cost of food Lacking healthy food options Home environment Systematic barriers

Native youth thriving

- What would you measure to show the outcomes or indicators of Native youth thriving?

Vibrant Communities

- Data indicators
  - Poverty status
  - Income
  - Home ownership
  - Occupants per room
  - Public assistance
  - Food stamps
  - Family composition
  - Living with/responsible for grandchild
  - Phone, vehicles, water/sewer, computer access available

Supportive Environments

- Data indicators
  - Foster care
    - Number youth in foster care, Children in kinship vs non-relative care, exiting care with parent, Length of stay in foster care, disparity rates, ICWA approved placements
  - Childcare
  - Language
  - Family – AIAN multigenerational families
  - Substance Abuse
    - Rates of use, self harm/suicide
  - State agreements with tribes for child welfare funding

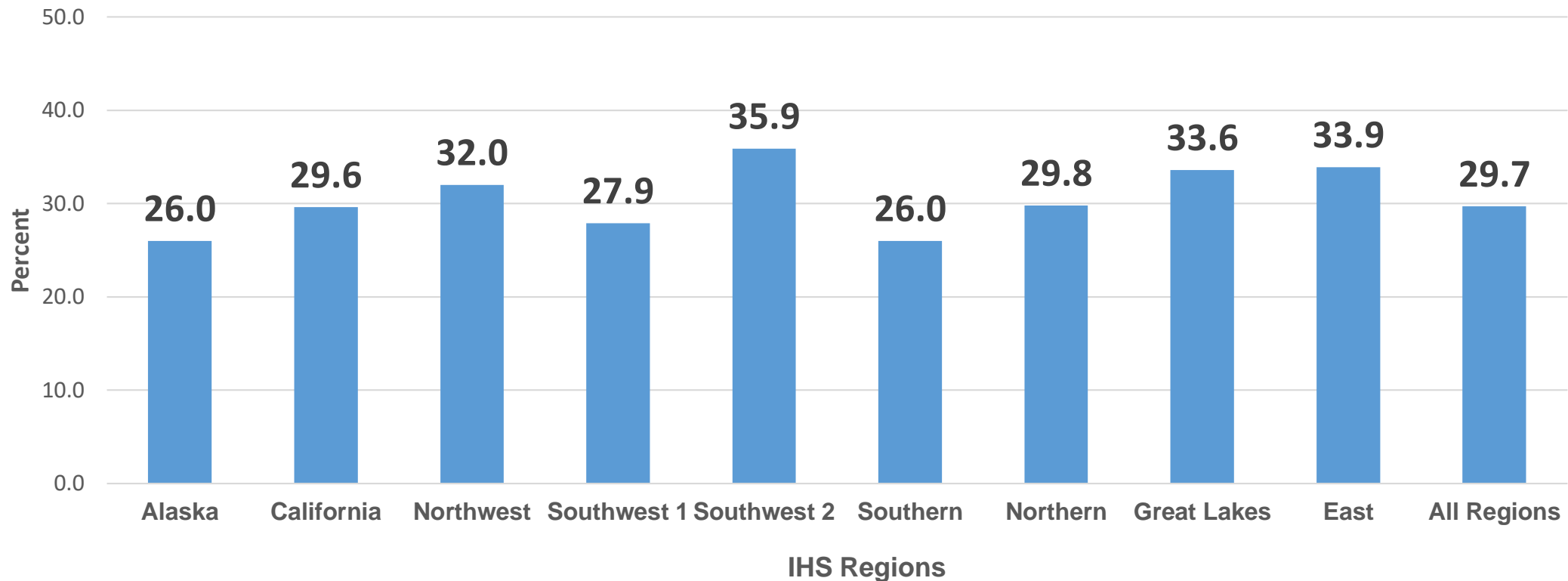# Successful Students

- Data indicators
  - School enrollment
    - Native, rural schools, disabilities, poverty, full time teachers
  - Graduation rates
  - Reading, math proficiency
  - Broadband access in school
  - College prep participation
  - Language immersion programs
  - Post secondary enrollment, completion, persistence
    - By type of colleges, programs

Healthy Lifestyles

- Data indicators
    - Physical Health
        - Obesity, overweight, birthweight, physical activity, breastfeeding
    - Behavioral Health
        - Suicide, depression, access to services
    - Environmental
        - Access to healthy foods
    - Suicide
    - Diabetes
    - Hypertension
    - Substance use
        - Cigarettes, alcohol, prescription drugs, meth

Example: Health indicators

Obesity Prevalence in American Indian and Alaska Native Children, FY 2015

Region	Percent
Alaska	26.0
California	29.6
Northwest	32.0
Southwest 1	27.9
Southwest 2	35.9
Southern	26.0
Northern	29.8
Great Lakes	33.6
East	33.9
All Regions	29.7

IHS Regions

Obesity = BMI $\geq$ 95 percentile for weight; Data Source: IHS National Data Warehouse. Reference: Bullock (2017)
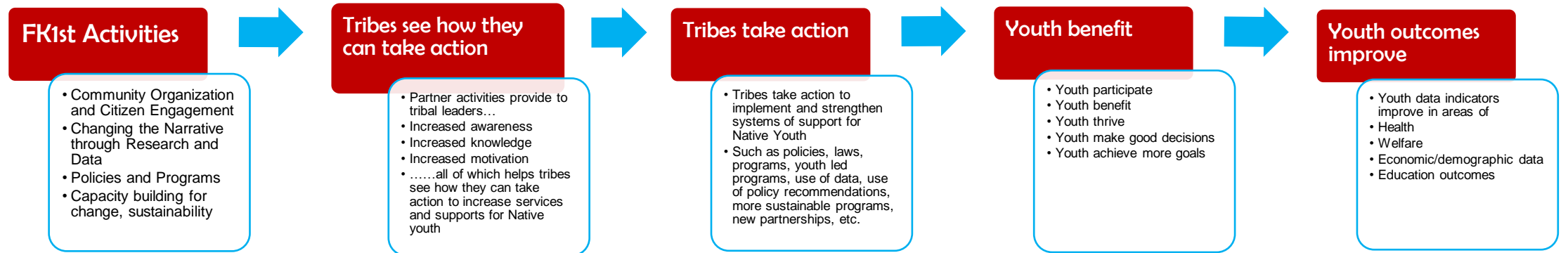
FK1st Data Resource Book

- Publishing a data resource book
- Include examples of data on these Indicators
- Summarize literature review
- Review FK1st theory of change, evaluation framework
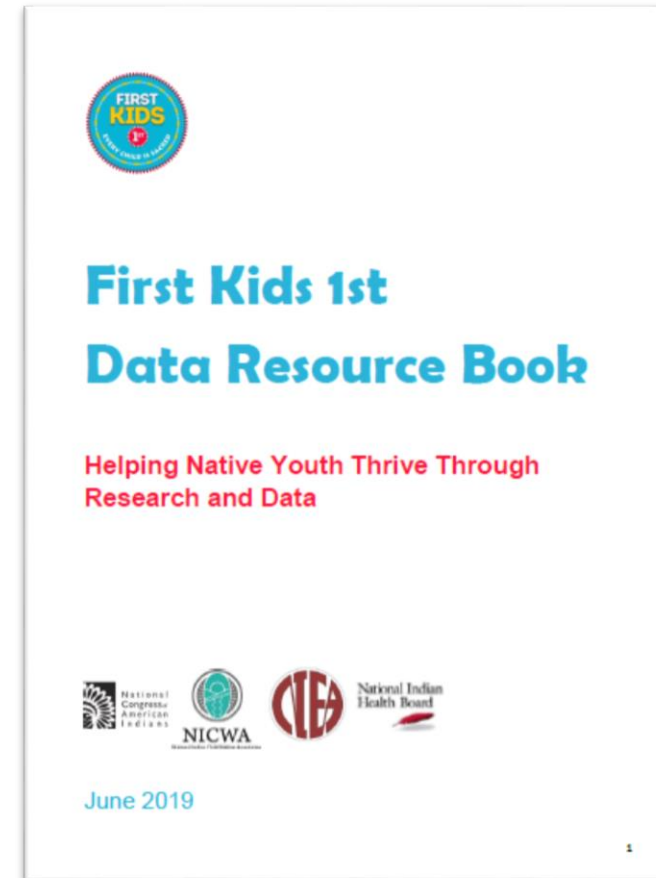
FK1st Theory of Change

Conceptual Framework

FK1st Activities		Tribes see how they can take action		Tribes take action		Youth benefit		Youth outcomes improve

FK1st Activities
- Community Organization and Citizen Engagement
- Changing the Narrative through Research and Data
- Policies and Programs
- Capacity building for change, sustainability

Tribes see how they can take action
- Partner activities provide to tribal leaders…
- Increased awareness
- Increased knowledge
- Increased motivation
- ……all of which helps tribes see how they can take action to increase services and supports for Native youth

Tribes take action
- Tribes take action to implement and strengthen systems of support for Native Youth
- Such as policies, laws, programs, youth led programs, use of data, use of policy recommendations, more sustainable programs, new partnerships, etc.

Youth benefit
- Youth participate
- Youth benefit
- Youth thrive
- Youth make good decisions
- Youth achieve more goals

Youth outcomes improve
- Youth data indicators improve in areas of
- Health
- Welfare
- Economic/demographic data
- Education outcomes

Activities -------------------------Short term -----------Intermediate term -------Long term outcomes------

Process evaluation

Outcome evaluation

First Kids 1st – Joint Work Plan

Community Organizing and Citizen Engagement
- Branding for awareness of FK1st
- Partner meetings/coordination
- Messaging products – various for dissemination to build awareness

**Changing the Narrative through Research and Data**
- FK1st Data Source Book
- Products to highlight data for action
- Dissemination of book and products

Policies and Programs
- Native Children's Policy Agenda updated annually
- Outreach, dissemination, trainings, conferences to highlight NCPA content

Capacity Building for Change, Sustainability
- Capacity building trainings
- Pilot sites/sustainability curriculum
- Networks for dissemination, partnership
- Child Welfare Governance Trainings
- Community Asset Mapping Trainings
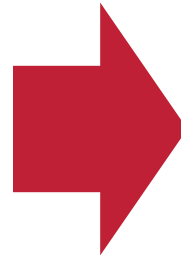
Partnership Outcomes

Short term
- Partner activities and national coordination lead to:
- Awareness of FK1st
- Awareness of youth data, needs for action
- Awareness of FK1st NCPA, policy options for action
- Knowledge of better program capacity and sustainability
- Awareness that youth need tribes to take action to implement systems of support
- Awareness of governance needs
- Motivation to act increases

Intermediate
- Actions taken to build systems of support for Native Youth by:
- Individuals, groups, others
- Tribes
- Tribal leaders/youth

- Actions include:
- Policies, laws
- Programs
- Effective governance strategies
- Youth led programs
- Use of data for policies, programs
- Use of policy recs from NCPA
- Development of more effective, sustainable programs
- Formation of Partnerships, collaborations, networks to act

Long Term
- Youth thrive in systems of support and ….
- More funding for youth systems of support
- Conditions improve
- Youth graduate, work
- Youth better health, less obesity, suicide, etc.
- FK1st Data Source Book shows improvements over time

Theory of Change

- What is your "theory of change" to help Native youth thrive?

FIRST KIDS
EVERY CHILD IS SACRED
1ST

Questions?

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